

Lester B. Pearson School Board
Food Service & Nutrition

Maximum Selling Price List 2017-2018

for **YOUTH SECTOR** students - effective July 1st, 2017 – June 30th, 2018

Item	Price
Main Plate A + B or V (<i>includes vegetable, starch when applicable</i>)	\$3.25
Main Plate C (<i>includes vegetable</i>)	\$3.60
Meal Deal A, B, or V (<i>includes entrée A, B, or V, vegetable, starch when applicable, dessert of the day, 200 ml 2% milk</i>)	\$3.95
Meal Deal C (<i>includes Meal C entrée, side vegetable, small cookie, small 100% pure fruit juice</i>)	\$4.30 – \$4.75
Snack cup fruit	\$1.45
Snack cup vegetable	\$.95
Vegetables cooked	\$.70
Fresh Fruit (<i>piece</i>)	\$.80
Canned Fruit	.80
Juice	\$1.05 – \$2.55
2% or skim milk (<i>200 ml</i>)	\$.55
Yogurt	\$1.00
-Soup	\$1.10
Sandwich, assorted	\$2.50 – \$4.65
Salads, assorted	\$.95 – \$4.75
Milk Pudding	\$.80
Cream cheese portions	\$.70
Ice cream, ice milk, frozen yogurt*	1.75
Cookie, small	\$.65 & .80
Cookie, large	\$1.20
Muffin (<i>breakfast size</i>)	\$.80
Early Bird Special (<i>see below</i>)	\$.95
Margarine	\$.10
Disposable utensils / dishes (<i>each unit, if not purchasing food in the cafeteria</i>)	\$.10
Caf-Mobile (<i>elementary school only</i>)	\$5.15

* price includes all taxes

This table does not include all items sold; please see some additional items below.

Early Bird Special (milk & breakfast muffin served at breakfast time only)	Only .95 **
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** The Early Bird Special - Milk & Breakfast Muffin - High School Special is brought to you by LBPSB in collaboration with Chartwells Student Dining, who together realise the importance of a healthy breakfast to start your day off right!

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Additional prices Youth Sector 2017-2018

Not all items are available in all of the cafeterias.

Extra potato, rice or noodle with a main plate	\$0.65
Chocolate milk	\$1.25
Soy milk	\$2.05
Water	\$1.60
Bread	\$0.50
Bagel	\$1.10
Jamaican Patties <i>(recess only on select days)</i>	\$2.05
Assorted burgers	\$4.20 - \$ 4.45
Breakfast items & hot snacks	\$1.30 - \$2.80
Yop	\$1.55
Cake	\$1.10
Granola Bar	\$1.00
Danish, Brioche, Croissant	\$1.70
Cereal	\$1.30
Grape & Cheese Cup	\$1.60 & \$2.55
Fresh Fruit Cup <i>(large)</i>	\$2.60
Deluxe Veggies & Dip	\$2.85
Breakfast Parfait with granola	\$1.75 & \$2.50
Yogourt Parfait	\$1.75 & \$2.50
Hard boiled egg	\$0.45
Honey/jam	\$0.30
Soda crackers	\$0.15
Savoury Snacks*	\$1.90
Cheese portion	\$0.85

*price includes all taxes