

Lester B. Pearson School Board
Food Service & Nutrition

Maximum Selling Price List 2019-2020

for **YOUTH SECTOR** students - effective July 1st, 2019 – June 30th, 2020

Item	Price
Main Plate A + B or V (<i>includes vegetable, starch when applicable</i>)	\$3.40
Main Plate C (<i>includes vegetable</i>)	\$3.76
Meal Deal A, B, or V (<i>includes entrée A, B, or V, vegetable, starch when applicable, dessert of the day, 200 ml 2% milk</i>)	\$4.13
Meal Deal C (<i>includes Meal C entrée, side vegetable, small cookie, small 100% pure fruit juice</i>)	\$4.59 – \$4.97
Snack cup fruit	\$1.52
Snack cup vegetable	\$.99
Vegetables cooked	\$.73
Fresh Fruit (<i>piece</i>)	\$.84
Canned Fruit	.84
Juice	\$1.10 – \$2.67
2% or skim milk (<i>200 ml</i>)	\$.58
Yogurt	\$1.05
Soup	\$1.15
Sandwich, assorted	\$2.61 – \$4.97
Salads, assorted	\$.99 – \$4.85
Milk Pudding	\$.84
Cream cheese portions	\$.73
Ice cream, ice milk, frozen yogurt*	1.85
Cookie, small	\$.75 & .90
Cookie, large	\$1.28
Muffin (<i>breakfast size</i>)	\$.87
Early Bird Special (<i>see below</i>)	\$.99
Margarine	\$.10
Disposable utensils / dishes (<i>each unit, if not purchasing food in the cafeteria</i>)	\$.10
Caf-Mobile (<i>elementary school only</i>)	\$5.38

* price includes all taxes

This table does not include all items sold; please see some additional items below.

Early Bird Special (milk & breakfast muffin served at breakfast time only)	Only .99 **
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** The Early Bird Special - Milk & Breakfast Muffin - High School Special is brought to you by LBPSB in collaboration with Chartwells Student Dining, who together realise the importance of a healthy breakfast to start your day off right!

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Additional prices Youth Sector 2018-2019

Not all items are available in all of the cafeterias.

Extra potato, rice or noodle with a main plate	\$0.68
Chocolate milk (200ml)	\$1.31
Soy milk	\$2.14
Water	\$1.67
Bread	\$0.52
Bagel	\$1.15
Jamaican Patties <i>(recess only on select days)</i>	\$2.14
Assorted burgers	\$4.39 - \$ 4.65
Breakfast items & hot snacks	\$1.36 - \$2.93
Yop	\$1.62
Cake	\$1.18
Granola Bar	\$1.20
Danish, Brioche, Croissant	\$1.80
Cereal	\$1.36
Grape & Cheese Cup	\$1.67 & \$2.67
Fresh Fruit Cup <i>(large)</i>	\$2.72
Deluxe Veggies & Dip	\$2.98
Breakfast Parfait with granola	\$1.83 & \$2.61
Yogourt Parfait	\$1.83 & \$2.61
Hard boiled egg	\$0.47
Honey/jam	\$0.31
Soda crackers	\$0.16
Savoury Snacks*	\$2.00
Cheese portion	\$0.89

*price includes all taxes