Lester B. Pearson School Board
Food Service & Nutrition

Maximum Selling Price List 2023-2024
for **YOUTH SECTOR** students - effective July 1st, 2032 – June 30th, 2024

Item	Price
Main Plate A + B or V *(includes vegetable, starch when applicable)*	$3.78
Main Plate C *(includes vegetable)*	$4.20
Meal Deal A, B, or V *(includes entrée A, B, or V, vegetable, starch when applicable, dessert of the day, 200 ml 2% milk)*	$4.63
Meal Deal C *(includes Meal C entrée, side vegetable, small cookie, small 100% pure fruit juice)*	$5.75
Snack cup fruit	$1.90
Snack cup vegetable	$1.25
Vegetables cooked	$1.00
Fresh Fruit *(piece)*	$1.10
Canned Fruit	$1.10
Juice	$1.50- $3.30
2% or skim milk *(200 ml)*	$.95
Yogurt	$1.30
Soup	$1.45
Sandwich, assorted	$3.25 - $6.00
Salads, assorted	$4.00 - $6.25
Milk Pudding	$1.100
Cream cheese portions	$.90
Ice cream, ice milk, frozen yogurt*	$2.50
Cookie, small	$1.00-$1.25
Cookie, large	$1.75
Muffin *(breakfast size)*	$1.20
Margarine	$.15
Disposable utensils / dishes *(each unit, if not purchasing*	$.15

*   price includes all taxes

This table does not include all items sold; please see some additional items below.

Additional prices Youth Sector 2023-2024	
Not all items are available in all of the cafeterias.	
Extra potato, rice or noodle with a main plate	$0.85
Chocolate milk (200ml)	$1.65
Soy milk	$2.65
Water	$2.00
Bread	$0.65
Bagel	$1.50
Jamaican Patties (*recess only on select days*)	$2.70
Assorted burgers	$5.50 -$ 5.95
Breakfast items & hot snacks	$1.65 - $3.75
Yop	$2.00
Cake	$1.75
Granola Bar	$1.50
Danish, Brioche, Croissant	$2.25
Grape & Cheese Cup	$2.20 & $3.40
Fresh Fruit Cup (*large*)	$3.50
Deluxe Veggies & Dip	$3.70
Breakfast Parfait with granola	$2.25 & $3.25
Yogourt Parfait	$2.25 & $3.25
Hard-boiled egg	$0.60
Honey/jam	$0.40
Soda crackers	$0.20
Savoury Snacks*	$2.50
Cheese portion	$1.10

*price includes all taxe